

Joe Cosley Pancake Ride is full. If you would like to fill out the waiver attach to an email, and state your intention of participation, when and if a space opens up, you will be notified with a chance to sign up.

Joe Cosley Pancake Ride - July 20, 2024

A weekend of Transcendence, The "**ASTRAL**" edition.



Back to somewhat the original concept:

Please beware of what you are getting yourself into. Some people have called Joe a "Sand Bagger", that's an unfounded rumor. Please note: Joe Cosley Pancake Ride is a hard one.

Fully self supported, you are responsible for yourself. Going long, 169 miles, one mile further than v.3, Tour of the Tarot Cards. And to make sure we can all hang out at the Trego Pub for sodas and pizza after the ride, we start on Saturday July 20, at 12:01 am, under a full moon. That should see everybody finishing by late afternoon.

Just to clarify the “**midnight start**”. The ride **starts** on **Saturday July 20 at 12:01am**.

This years ride is a self supported affair. You will be given a link to this years route to download, it will include pertinent points of interest marked and descriptions included. You are required to have a head and tail light. You are responsible to follow the Montana Vehicle Code. Also a certified bike helmet is required strapped to your head.

Your participation is free of charge this year. In lieu of a participation fee, and you want to be a good human, you can make a donation to the Rocky Mountain Hope Network [HERE](#) Providing help with mental health issues in rural Northwest Montana.

Here is a [LINK](#) to the three available routes: Plan “A”, “B”, and “C”. All options share the first 119 miles. At that point Plan “A” & “B” take a left. Plan “A” is the full route, 169 miles, 15k of climbing and 5 miles if single track (some hike-a-bike). Plan “B” takes a right at mile 130 and takes out the single track, 11k of climbing and brings the total mileages down to 155. Plan “C” is the “I”m really cooked” option, Dedicated to L.B. A bit less elevation and mileage than Plan “B”, but is a straight shot of tarmac back to the pub. Routes are 99% set, but could change. Final route files will be emailed, in late June, early July.

The Bitterroot Conoco is at mile 81 and is your only resupply option if you need some hot dogs and Coke. It opens at 6 AM. Cue cards will also be provided with milage and corresponding important information, such as reliable water sources (bring a filter). Particulars to follow at a later date.

Your choice.

You'll need to sign in before we depart at midnight, and there will be two check in points. In the past, participants have neglected to stop and sign in/out at the check points, DQ has been threatened in the past... Even though this is still just a community get together bike ride. We still want to make sure everybody makes it back to the Pub for refreshments and pizza.

If you drop and exit the route, please notify JCPR management. We don't want to be out there looking for you, when you are home on the couch eating Cheeto's and drinking Budweiser Light with Lime. Contact information will be provided.

The Trego Pub is home base again. The Pub is open for lunch and dinner, serving pizzas, salads, and an assortment of refreshments. There is a vehicle parking donation of \$10.00 for Friday (Gaurd Dog Izzy on duty) night and if you camp out on Saturday after finishing the ride, that's another \$10.00. Payable in cash to the Pub. Porta Potties and potable water onsite. Support the Pub, buy a pizza and beverage(s).

First female and male back to the Pub, get bragging rights. And if you are a Montana resident, with a valid Montana State Library Card, been a full time resident for at least one year (no snowbirds), and riding a drop bar bike, you can claim the title of "Montana State Gravel Champion". These apply to the "full" route.

Rules?

- It's a self supported ride, keep it that way.
- No outside help, no food caches.
- Finish with what you started with.
- You can't have your Mum and Dad out on course for moral support.
- Have a fun time.

Responsibility, self reliance and safety?

- This is a self supported ride. This means you are responsible for your own personal wellbeing, both physically and mentally.
- If something goes wrong, have a plan and know how to execute it.
- There is minimal cell coverage throughout the course.
- Carry a personal satellite communication device. Such as InReach or a SPOT.
- Be prepared for any mechanical issues your bike may experience.
- First aid kit?
- There are Moose, Deer, Wolverines, Bears, Cougars, Mountain Lions sharing the scenery of Northwest Montana with you while you pedal your bike. Montana Fish, Wildlife and Parks has some great information regarding Montana wildlife. Visit their website [HERE](#)
- Cue cards will have information for non emergency situations.
- Be prepared. Have a plan and know how to execute it, if you encounter a problem or have one yourself.

Special thanks goes out to: Lauren Oscilowski of [Spotted Bear Sprints](#) for supporting the female prizes and Limoncello at the aid stations. Nick and Victoria Lee of [Glacier Distilling](#) for keeping the boys side of the equation fueled with Montana's best whiskey. Loren Mason-Gere of [Astral Cycling](#), [White Industries](#) for keeping the Pancake Crew rolling with reliability over the years and thousands of miles. Chuck Gailey with his custom [Bear Claw Holster](#) bear deterrent can holsters, helping to keep you safe while out pedaling amongst the wildlife in Northwest Montana. Mike Meador and the [Glacier Cyclery and Nordic](#) Crew for those pop up aid stations (I'm sure you will see him out there in 24'. Lani and Todd Swain for their Hospitality at the [Trego Pub](#). Matt McQuilkin of [Black Coffee Roasters](#), that hot cup of "The Dark" is really the best thing in the AM hours to help you pedal into the new day. Selden Daume of [Grist Milling and Bakery](#) for the tasty wheat treats, best Sour Dough Bread in Montana.

Questions you may have?

- Tires, suggested 40mm at the minimum. 44mm would be a good happy place.
- 4.5 miles of single track, Warland Lookout. Hike-A Bike on the uphill for sure. It's a net elevation loss. So your skill level will dictate how much of the rest you choose to ride. I'll post some videos and pics next spring. 44mm tires, maybe a good idea to plan for the roughest part of the course.
- Time bonus if you climb the lookout.
- Do your homework. For example: The Bitterroot Conoco doesn't open till 6 AM. If your average speed is greater than 13.5 mile per hour for the first 81 miles, the Conoco will not be open upon your arrival.
- This is not a road bike shoe course, if you plan on doing the full route.
- If you are not up for the Warland Lookout single track trail section, See route option "B" and "C".
- This is a self supported ride and you are responsible for the well being of yourself.

Hope to see you at the Pub on July 19/20, Joe.

P.S. I'm sure there will be a couple updates, so check back every once and a while. If you sign up, you'll receive updates via email.

Follow @pancakeride “Joe Cosley” on Instagram. Updates, route info, pictures, organized group rides and general heads up posted when something happens.